Summer 2018 Seattle Stuttering Camp for Teens

Workshop Participant Eligibility:

Teens, aged 13-17, who have received a diagnosis of stuttering or have been exhibiting signs of stuttering since childhood. Enrollment limited to 5-6 participants for Summer 2018. All candidates who apply will be contacted individually by phone to help determine their commitment and availability or be notified of their waitlist status.

Workshop Description:

The Summer Intensive Stuttering Workshop for Teens will take place over 5 consecutive days at the University of Washington Speech and Hearing Clinic. Through a combination of individual treatment sessions and group activities, teen participants will learn stuttering management and fluency-enhancing techniques, and work to transfer those skills into their real-life environments. Teens will work alongside their peers who also stutter to develop healthy attitudes and emotional responses to their stuttering. Parents of teens are also expected to participate during scheduled portions of the workshop including: a parent interview; a SLP-facilitated parent education discussion; a panel presentation with adults who stutter; and a final group presentation on the last day of the Workshop.

Following the 5-day camp, teen participants will be encouraged to continue their therapy sessions with a speech-language pathologist (either school-based or community-based) in order to continue treatment goals begun during the workshop and to address individual functional goals.

This workshop will be led by two ASHA certified speech-language pathologists who have collectively been working with children, adolescents, and adults who stutter for 21 years. Elyse Lambeth, MS CCC SLP, BCS-F works as a speech-language pathologist at Seattle Children’s Hospital and coordinates a fluency clinic there. Ms. Lambeth became ASHA certified in 2007, completed her Board Certification process through the American Board of Fluency and Fluency Disorders in 2017, and has worked in private practice and outpatient clinic settings. She has a particular interest in working with children and teens who stutter, and continually seeks out new research and approaches for working with them. Melissa Kokaly, MS CCC SLP is currently Clinical Supervisor and Lecturer for the Stuttering/Fluency Practicum at the University of Washington Speech and Hearing Clinic. Since becoming ASHA Certified in 1998, Ms. Kokaly has been working with people of all ages who stutter in outpatient clinics and private practice. She has accrued over 130 hours of professional continuing education in the evaluation and treatment of stuttering and other disorders of fluency. In accordance with the joint aim of increasing student clinicians’ proficiency in working with clients who stutter, graduate student clinicians will carry out assessment and treatment activities under the direct supervision of state-licensed and nationally certified speech-language pathologists Elyse Lambeth and Melissa Kokaly.
Program Objectives:

1. Reduce severity of stuttering in teen participants
2. Support the development of healthy cognitive and emotional responses to stuttering
3. Improve participants’ functional communication skills with peers and adults, allowing them to say what they want to say, when they want to say it
4. Create partnerships with local speech-language pathologists for follow-up with teens in the program

Location:

University of Washington Speech and Hearing Clinic, located at 4131 15th Avenue NE, Seattle WA 98105.

Workshop Dates and Times:

Monday, June 25th - Friday, June 29th, 2017
Participants arrive at clinic: 9:25 am daily
Participants leave clinic: 3:30 pm daily

Cost:

A grant application is pending with the Children’s Communications Center. Candidates will be updated about the status of this application. A $100 participation fee with be requested with a needs-based fee waiver available. If you have any questions or concerns contact Elyse Lambeth at elyse.lambeth@seattlechildrens.org or 206-987-5630.

Schedule of Activities:

Day 1: Assessing stuttering severity and contributing factors, including current cognitive beliefs and emotional responses surrounding stuttering; education about speech mechanism; and exploration of stuttering. Parents required to be present from: 9:30am-12:30pm

Day 2: Desensitization to stuttering moments, including discussion of potential fears and avoidance behaviors, and training in reducing these behaviors. Parents required to be present from: 2:00-3:30pm

Day 3: Teaching and practicing stuttering management techniques.

Day 4: Teaching and practicing fluency-enhancement techniques. Parents required to be present from: 1:30pm-3:30pm

Day 5: Assessing participant progress; reflecting on skills learned and ways to promote carryover of skills; creating individualized follow-up programs for school-based or community-based SLPs and continued home practice. Parents are required to be present from: 1:30-3:30pm
Application for Summer 2018 Seattle Stuttering Camp for Teens

Please complete application by selecting “fill and Sign” on the right-hand side of the page.

Applicant’s full name: ____________________________________________________________

☐ Male  ☐ Female  Date of birth: __________________________

Home address: ________________________________________________________________
City, State, Zip: _______________________________________________________________
Home phone: _________________________________________________________________
Email: ________________________________________________________________

Parent/guardian 1 name: _______________________________________________________
Work or cell phone: ___________________________________________________________
Parent/guardian 2 name: _______________________________________________________
Work or cell phone: ___________________________________________________________
Parent Email: _______________________________________________________________
Current grade: _______  ☐ Regular education  ☐ Special education

Name of school: _________________________________________________________________
Phone: ______________________________________________________________________

What type of techniques are you currently utilizing to decrease your stuttering?

Are you currently receiving speech-language therapy and, if so, where and what are you currently working on in therapy?

Do you have any other speech, language, or learning difficulties?
Please check how severe you believe your stuttering to be:
- Very Mild
- Mild-Moderate
- Moderate
- Moderate-Severe
- Severe
- Very Severe

Please check interactions you feel are negatively impacted by your stuttering:
- Participating in class
- Talking with friends
- Meeting new people
- Saying your name
- Talking on the phone
- Dating
- Doing presentations
- Talking a group
- Ordering at a restaurant
- Talking with family
- Job interviews
- Reading aloud
- Other:

Please check how interested you are in working on your stuttering:__________________________
- Very Interested
- Interested
- Somewhat Interested
- Not Interested

What would you like to gain from the Summer Stuttering Intensive Workshop?

Would you have any transportation issues or schedule conflicts that might cause you or your parent to be late or absent on any day of the workshop including the parent participation portions of the workshop?  Yes  No

Application Due Date: April 20, 2018

Applications may be returned via email, fax, or mail by April 20, 2018, and an e-mail of phone call to ensure the application has been received is recommended.

Please return applications to:
Elyse R. Lambeth, MS, CCC-SLP, BCS-F
Speech-Language Pathologist | Fluency Clinic
Seattle Children’s Hospital
OB.8.620 PO Box 5371
Seattle, WA 98105
Email: elyse.lambeth@seattlechildrens.org
Phone: 206-987-5630
Fax: 206-987-2409

Accepted applicants will be notified via phone call or email by May 11, 2018.
Please call 206-987-5630 with any questions.