

Seattle Summer Stuttering Camp SLP Application

Camp Participant Eligibility:

Speech-language pathologists with an interest in improving their skill and problem-solving in stuttering therapy, learning more about incorporating current research, and seeking mentorship and guidance while building experience working with teens who stutter. No minimum years of experience is required.

Camp Description:

The Seattle Summer Stuttering Camp takes place over 5 consecutive days at the University of Washington Speech and Hearing Clinic at the end of August. Through a combination of individual breakout sessions and group activities, the goal is for teen participants to have fun while connecting with other teens who stutter. The camp will focus on understanding the experience of stuttering, communicating effectively, having options for approaching stuttering, being able to move through tension with less struggle, and engaging with peers who stutter while developing helpful responses to their stuttering. These goals are achieved through a combination of personalized work with speech-language pathologist volunteers and fun group activities including creating memes, bowling, water balloon fights, eating out at restaurants, active discussions, and playing games. Speech-language pathologists learn evidence-based and neurodiversity affirming approaches to collaborating with teens who stutter while connecting with other SLPs in the community!

Speech-language pathologists will receive 6 hours of CEUs for a two-day training for the camp. The training days will be scheduled based on participant availability in the late spring or early summer for 4 hours daily across a weekend via Zoom. The camp will run from August 19-23 and participants are expected to attend the camp daily to work with their assigned camper.

The Stuttering Camp will be led by two ASHA certified speech-language pathologists who have collectively been working with children, adolescents, and adults who stutter for over 30 years. **Elyse Lambeth, MS, CCC-SLP, BCS-SCF** works as a speech-language pathologist at Seattle Children's Hospital. Ms. Lambeth is a board-certified stuttering specialist who enjoys working with kids and teens who stutter. She has coordinated stuttering events, chaired the executive board of the American Board of Stuttering, Cluttering, and Fluency Disorders, and given presentations on stuttering around the United States. **Melissa Kokaly, MS CCC SLP** is Assistant Teaching Professor and Clinical Supervisor Lead for Fluency Disorders at the University of Washington Speech and Hearing Clinic. She has taught stuttering courses and supervised stuttering practicum as well as organized stuttering workshops and mentored students and speech-language pathologists to help them discover the joy of stuttering therapy. The camp offers an opportunity for speech-language pathologists around the Pacific Northwest to connect and receive specialized training and mentorship for stuttering.

Program Objectives:

1. Speech-language pathologists (SLPs) will collaborate with teen in helping them reduce avoidance and struggle
2. SLPs will explain a framework for building positive attitudes towards communication and stuttering.
3. SLPs will facilitate increased participation in social, academic, and other communication activities that their clients have been avoiding.
4. SLPs will increase their advocacy for the stuttering community and their clients.
5. SLPs will increase their clinical competence and comfort level in working with people who stutter and their families.

Location:

University of Washington Speech and Hearing Clinic, located at 4131 15th Avenue NE, Seattle WA 98105.

Workshop Dates and Times:

The camp will be held during one week in **August**. See the website, [Summer Stuttering Camp for Teens | Speech & Hearing Sciences](#) for dates. Camp runs from **8:30 AM-3:30 PM daily**. Morning debriefs are part of each day.

Cost:

Participating volunteer SLPs will be charged \$100 to cover the cost of the CEUs. Lunch will be at the volunteers' expense and they can join the teens for lunch, take a break, or enjoy time with the other community SLPs.



Schedule of Topics:

Day 1: Education & Informed Decision-Making Pathways: Campers will learn more about their stuttering, current research about stuttering, and choices regarding communication. A fun afternoon of creative activities will include making memes and an art project.

Day 2: Cognitive Pathways: Awareness, Understanding, Acclimation, and Acceptance. Teens will participate in a variety of activities to understand stuttering and begin acclimating to the experience of stuttering and acceptance. Bring your socks! The afternoon will include a competitive game of bowling BINGO.

Day 3: Physical Pathways: Opening more options and making choices in response to stuttering that can decrease struggle and increase spontaneity and engagement. Prepare to be soaked! The afternoon will include a variety of interactive games including a water balloon fight at the end of the day.

Day 4: Advocacy & Community Pathways: Disclosure; Dealing with Bullying and Teasing; Connecting with Stuttering Community. The afternoon will include an opportunity for clinicians, campers, and parents to connect with adults who stutter with a variety of experiences and vocations.

Day 5: Pathways for successful communication into the future with a wrap-up and celebration.

A detailed schedule of Camp Activities will be provided during the CEU training.

SLP Application for Seattle Summer Stuttering Camp for Teens

Applicant's full name: _____

Applicant's pronouns: _____

Address: _____

City, State, Zip: _____

Phone: _____

Email: _____

Current Employment Setting: _____

Emergency Contact: _____

Relationship: _____

Phone Number: _____

What approaches do you currently utilize in therapy?

What would you like to gain from participating in the camp?

How many clients do you currently see who stutter?

Would you have any transportation issues or schedule conflicts that might cause you to be late or absent on any day of the workshop? Yes No

Application Due Date: May 30

Applications may be returned via email, fax, or mail by May 30th, and an e-mail or phone call to ensure the application has been received is recommended.

Please return applications to:

Elyse Lambeth, MS, CCC-SLP, BCS-F
Seattle Children's Hospital
OB.8.620 PO Box 5371
Seattle, WA 98105
Email: elyse.lambeth@seattlechildrens.org
Phone: 206-987-5630
Fax: 206-987-2409

Accepted applicants will be notified via phone call or email by the middle of June.
Please call 206-987-5630 with any questions.